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SET B



**INDIAN SCHOOL MUSCAT
FINAL TERM EXAMINATION
PSYCHOLOGY**

CLASS: XII
26.11.2018

Sub. Code: 037

Time Allotted: 3 Hrs
Max. Marks: 70

General Instructions:

- 1 All questions are compulsory.
- 2 Answers should be brief and to the point.
- 3 Marks for each question are indicated against it.
- 4 Questions No.1-10 in Part – A, are learning check type question carrying 1 mark each. You are required to answer them as directed.
- 5 Question No. 11-16 in Part—B are very short answer type questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- 6 Questions No. 17-20 in Part— C are short answer Type I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- 7 Questions No.21-26 in Part—D are Short answer Type II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- 8 Questions No. 27-28 in Part-E are long type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

PART - A

- 1 _____ Approach deals with what of intelligence and studies the intelligence in the form of a single cognitive index number. 1
- 2 In which defense mechanism people refuse to accept the truth or reality? 1
 - A. Repression
 - B. Denial
 - C. Projection
 - D. Rationalization
- 3 _____ is a tendency of the subject to agree with items/questions irrespective of their contents. 1
- 4 The essence of stress inoculation training program is replacement of irrational and negative thoughts with the positive and rational ones. (True/False) 1
- 5 _____ studies the impact of stress on immune system. 1

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|----|---|---|
| 6 | In which therapy transference is discouraged or avoided?
A. Behavior therapy
B. Logo therapy
C. Gestalt therapy
D. Client centered therapy | 1 |
| 7 | Increasing self- awareness and self-acceptance is a goal of _____therapy
A. Behavior therapy
B. Logo therapy
C. Gestalt therapy
D. Psychodynamic therapy | 1 |
| 8 | In the process of assigning causes to the behavior of others giving more importance to personal factors and ignoring the role of situational or environmental factors is known as _____ | 1 |
| 9 | Decrease or decline of an individual's level of performance when he or she is performing along with others in a group activity is known as _____ | 1 |
| 10 | _____ refers to the relative social position ascribed by individuals in groups. | 1 |

PART - B

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|----|--|---|
| 11 | Elucidate any two misuses of intelligence tests in daily life? | 2 |
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OR

Explain technological intelligence?

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| 12 | Explain Allport's trait theory of personality? | 2 |
| 13 | Define the terms life style and Resilience? | 2 |

OR

Define eustress and hardiness?

- | | | |
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| 14 | Explain different types of phobias in detail? | 2 |
| 15 | Define ODD and Autism? | 2 |
| 16 | What are psychomotor symptoms of schizophrenia? | 2 |

PART - C

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|----|---|---|
| 17 | Explain hierarchical theory of intelligence of Arthur Jensen? | 3 |
| 18 | What is General Adaptation syndrome and explain in detail with graph? | 3 |
| 19 | What are life skills and explain any three life skills in detail? | 3 |

OR

Explain various sources of stress in detail?

- 20 What is compliance and what are the techniques of compliance used by people in day to day life? 3

PART - D

- 21 Explain Robert J Sternberg's views on Intelligence in detail? 4

OR

Explain relationship between creativity and Intelligence in detail?

- 22 Define somatoform disorders and explain various somatoform disorders? 4

OR

Explain various mood disorders in detail?

- 23 What are the factors contributing to healing in psychotherapy? Enumerate some of the alternative therapies? 4

- 24 A client is suffering with irrational beliefs like "everybody must love me." How will you treat the client while using cognitive therapy of Aaron Beck? 4

- 25 Explain cognitive consistency theories of attitude change in detail with examples? 4

- 26 What are prejudice and explain different sources of prejudices in daily life? 4

PART - E

- 27 Explain various projective techniques of personality assessment in detail? 6

OR

Explain humanistic approach of personality in detail?

- 28 Explain various group formation stages of Tuckman in detail along with Bandwagon effect with example? 6

OR

As a psychologist what strategies would you like to use to resolve the problems of intergroup conflicts in a multi-cultural and multi religious country like India?

End of the Question Paper